

China Medical University Physical Education Course Selection Guidelines

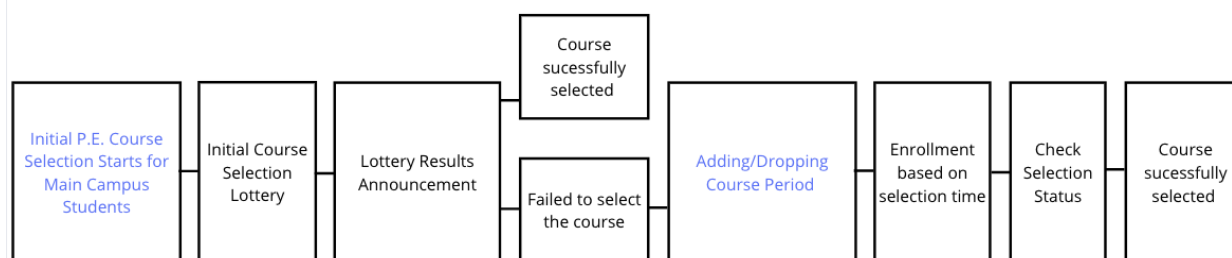
- Physical education classes are held for two hours per week. First-year undergraduate students are required to take physical education, with each semester earning zero credits. **(Newly admitted students who have already completed the waiving process for required physical education courses should not enrol in a PE course again.)** Undergraduate students from the second year onward, students in two-year programs, and students in the post-baccalaureate Chinese medicine program may take physical education courses as electives, with each semester earning one credit. Master's and doctoral students may also take physical education courses as electives, but no semester credits will be awarded. (See Table 1.)

Table 1.

Course type	Grade	Enrollment Method	Credits	Notes
Required Courses	1st year, Beigang Campus	Following the course assigned to each class, enrol through the course selection system	0	
	1st year, Shuinan Campus	Following the course assigned to each class, enrol through the course selection system	0	Select the “ First-year Physical Education ” option
	Adaptive Physical Education	Limited to students holding a disability identification card or a certificate from a teaching hospital or public hospital indicating they are unsuitable for regular physical education.	0	Students must register in person at the Main Campus PE Office or the Beigang Campus Academic Affairs Division within the specified time according to Section 8 of the PE Course Selection Guidelines.
	Retake or Remedial Students		0	During the course add/drop period, students must bring a Course Add Application Form to the PE Office to register. Students must still attend class during the first week.
Elective Courses	(1) Undergraduate students, 2nd year or above (2) Post-baccalaureate Chinese Medicine Program, all years (3) Two-year programs, all years (4) Master's and doctoral programs, all years	Enrol through the course selection system	1	1. Select the “ Second year Physical Education ” option. 2. Master's and Doctoral programs: credits not counted toward semester total.

- Each student may enrol in only one physical education class per semester (excluding retake and remedial courses).
- Grades for elective physical education courses will be included in the calculation of the semester's academic GPA. Students in their graduation year must enrol in at least nine credits per semester (including physical education elective credits).
- First-year students at the Beigang Campus will attend physical education classes with their original assigned class.
- First-year students at the Main Campus (mandatory physical education course): Attend the course according to the original class schedule (refer to the Course Schedule System), and select the course online within the specified timeframe (see Table 2 for detailed registration procedures).

Table 2. Online Course Selection Procedures for Required and Elective Physical Education Courses:



- Students taking elective physical education courses (only for second-year undergraduate students, two-year program students, post-bachelor Chinese medicine students, and graduate students): Please select your course schedule online according to the school's regulations within the designated time frame (see the process in Table 2). To view course options, go to the school homepage (Student Portal) → Course Schedule System → Physical Education → Second Year.
- For students repeating (retaking) or making up (remedial) physical education courses (those who should have taken the course but did not in the current semester), which is only available to students in the second year or above. These students are **not allowed to use elective physical education to waive for required physical education**. Students may take up to two physical education courses per semester. **Students repeating or making up courses must bring the course add/drop application form to the Physical Education Office within 2 weeks of the semester start.** They are required to **attend the first class of the course in the first week; applications submitted later than this will not be accepted.**
- Adaptive physical education courses are available only to students who hold a physical or mental disability certificate or provide medical documentation from **a teaching hospital or public hospital** stating that they are not suitable to take physical education courses. Students wishing to enrol in adaptive physical education courses **must complete the course add/drop process within the designated time frame: 8:00 AM to 12:00 PM and 1:00 PM to 5:00 PM**. For students at the main campus, please go to the Physical Education Office in person; for students at the Beigang campus, please visit the Academic Affairs Office. Students must submit a medical certificate from **a teaching hospital, public hospital, or a government-designated institution (including national universities and hospitals in municipalities or counties)**. Students who have already taken adaptive physical education courses and are continuing to meet the conditions are not required to submit new documentation but must follow the prescribed process.

9. Students with **skin diseases, cardiovascular conditions, or epilepsy** are not allowed to take swimming courses. If any of these conditions arise during the semester, the student will be prohibited from continuing the swimming course.
10. To maintain cleanliness and hygiene, foods and sugary drinks are prohibited in all physical education courses and facilities.

Table 3.

Course	Facility	Notes
Basketball	multi-Purpose Courts	Students can bring their equipment or borrow it from the school.
Table Tennis	Table Tennis Room	Students can bring their equipment or borrow it from the school.
Tennis	multi-Purpose Courts	Students can bring their equipment or borrow it from the school.
Golf	Golf Driving Range	Students can bring their equipment or borrow it from the school.
<u>Fitness & Health</u>	<u>Aerobics Classroom & Cardio and Strength Training Room (Gym)</u>	<u>Students should bring a towel, drinking water, and clean-soled sports shoes.</u>
<u>Yoga</u>	Aerobics Classroom	<u>Students should bring a towel and drinking water</u>
<u>Fitness Dance</u>	Aerobics Classroom	<u>Students should bring a towel and drinking water</u>
Adaptive P.E.	Cardio and Strength Training Room (Gym)	Only available for students meeting the conditions outlined in Appendix 8 of the Physical Education Course Selection Guidelines.

11. Off-Campus Class Locations:

Table 4.

Course	Location	Equipment	Notes
Badminton	Badminton Court at Taichung North District National Sports Center (No. 55, Section 1, Chongde Road, North District, Taichung City)	Students should bring their equipment	
Swimming	Competition Pool at Taichung North District National Sports Center (No. 55, Section 1, Chongde Road, North District, Taichung City)	Students should bring their equipment	